

# **Benjamin Collier Watson, DO**

The Hughston Clinic  
6262 Veterans Pkwy  
Columbus, GA 31909

## **Education**

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**Edward Via Virginia College of Osteopathic Medicine, 05/2010**

**Doctor of Osteopathic Medicine**

Blacksburg, VA

**University of Georgia, 05/2006**

**Bachelor of Science in Education, Magna cum laude**

Athens, GA

## **Post Graduate Education**

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**Advanced Orthopedic Foot and Ankle Fellowship, 07/2016**

**Orthopedic Foot and Ankle Center**

Columbus, OH

**Orthopedic Surgery Residency, 06/2015**

**Ohio University College of Osteopathic Medicine/Doctors Hospital**

Columbus, OH

## **Certification / Licensure**

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Georgia State Medical License

Alabama State Medical License

American Osteopathic Board of Orthopedic Surgery, 2018-present

## **Committees and Positions**

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### **Graduate Medical Education Committee, 2016-present**

Member, Jack Hughston Memorial Orthopedic Surgery Residency

### **Chief of Surgery, 2019-present**

Jack Hughston Memorial Hospital

### **Medical Executive Committee, 2019-present**

Jack Hughston Memorial Hospital

### **Hughston Surgical Center, 2018-present**

Board Member

## **Teaching Experience**

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### **Jack Hughston Memorial Hospital Orthopedic Surgery Residency, 2016-present**

Attending, Division of Foot and Ankle Surgery

Columbus, GA

## **Professional Memberships**

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AOFAS, 2013-present

AAOS, 2010-present

AOAO, 2010-present

AOA, 2006-present

Sigma Sigma Phi Honor Society, 2008-present

## **Publications**

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Smith BW, **Watson BC**, Reb CW. *Lapidus HAV Correction*. Essential Foot and Ankle Surgical Techniques. Chapter 3. 2019

**Watson BC**, Philbin TM, Hyer, CF. *Surgical Treatment of Peroneal Tendon Disorders*. Essential Foot and Ankle Surgical Techniques. Chapter 29. 2019

Reb CW, Brandao RA, **Watson, BC**, Van Dyke B, Berlet GC, Prissel MA. Medial structure injury during suture button insertion using the center-center technique for syndesmotiic stabilization. *Foot Ankle Int*. 2018;39(8):984-989.

Reb CW, **Watson BC**, Prissel MA, Fidler CM, Steginsky C, Van Dyke B, Hyer CF, Berlet GC. *Is there a difference between anterior approach total ankle replacement and anterior approach ankle arthrodesis?* *Foot Ankle Ortho*. 2017 Sept;2(3).

Streit A, **Watson BC**, Granata J, Philbin TM. *Growth Factor Expression and Healing Time After Pulsed Electromagnetic Field Stimulation of 5<sup>th</sup> Metatarsal Nonunions: A Randomized, Prospective, Double-Blind Trial*. *Foot Ankle Int*. 2016 June;37(9):919-923.

**Watson BC**, Reb CW, Berlet GC. Safety of Proximal Medial Gastrocnemius Release. *FuB & Sprunggelenk*. 2016 March;14(1):3-8.

**Watson BC**, Persinger FD, Madsen AA, Taylor BC, Malarkey AR. *Obtaining Volar Tilt in Distal Radius Fixation: Use of a Screw as a Proximal Post*. *J Surg Orthop Adv*. 2016 Summer; 25(2):121-125.

**Watson BC**, Lucas DE, Simpson GA, Berlet GC, Hyer CF. *Arthroscopic Evaluation of Syndesmotiic Instability in a Cadaveric Model*. *Foot Ankle Int*. 2015 Nov;36(11):1362-8.

Berlet GC, Philbin TM, Watson BC, Hyer CF. Anatomic Repair of Lateral Ankle Instability. *Operative Techniques in Orthopaedic Surgery*. 2nd Ed. Vol. 4. Chapter 99.

## **Presentations**

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**American Osteopathic Academy of Orthopedics Annual Meeting, 2018**

A Cost Conscious Approach to Achilles Tendinosis  
Atlanta, GA

**American Orthopedic Foot and Ankle Society Annual Meeting, 2014**

Arthroscopic Evaluation of Syndesmotom Instability in a Cadaveric Model  
Chicago, IL

**Ohio University-COM/Doctors Hospital Research Day, 2014**

Arthroscopic Evaluation of Syndesmotom Instability in a Cadaveric Model  
Doctors Hospital - Columbus, OH

**Ohio University-COM/Doctors Hospital Research Day, 2014**

Obtaining Volar Tilt in Distal Radius Fixation: Use of a Screw as a Proximal Post  
Doctors Hospital - Columbus, OH

**The 42<sup>nd</sup> Annual Mallory-Coleman Research Day, 2014**

Arthroscopic Evaluation of Syndesmotom Instability in a Cadaveric Model  
The Ohio State University Wexner Medical Center – Columbus, OH

**The 42<sup>nd</sup> Annual Mallory-Coleman Research Day, 2014**

Obtaining Volar Tilt in Distal Radius Fixation: Use of a Screw as a Proximal Post  
The Ohio State University Wexner Medical Center – Columbus, OH

## **Honors and Awards**

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Advanced Anatomical Services Master of Dissection Award, 2012

Graduated Top 5% of Medical School Class, 2010