

CURRICULUM VITAE

Douglas W. Pahl, MD

Employment: Professional Service Agreement with The Hughston Clinic, since August, 2008
Practice primarily focused on cervical, thoracic, and lumbar spine disorders
Currently seeing patients at offices in Auburn¹, Columbus², Dothan¹, Macon², and Valdosta²
[¹Alabama, ²Georgia]

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Columbus, Georgia 31908-9517

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EDUCATION

Undergraduate: Bachelor of Arts, 1991
Major/Minor: Computer Science/Biology
Baylor University, Waco, Texas

Medical School: Doctor of Medicine, 1995
Meharry Medical College, Nashville, Tennessee

PROFESSIONAL TRAINING

Internship: Categorical General Surgery, July, 1995 – July, 1996
Dwight D. Eisenhower Army Medical Center, Fort Gordon, Georgia

Residency: Orthopaedic Surgery, July, 1999 – June, 2003
Dwight D. Eisenhower Army Medical Center, Fort Gordon, Georgia

Fellowship: Orthopaedic Spine Surgery, August, 2007 – July, 2008
Twin Cities Spine Center, Minneapolis, Minnesota

PROFESSIONAL POSITIONS

Director: Spine Program, Jack Hughston Memorial Hospital Orthopaedic Surgery Residency, since 2015

Chairman: Jack Hughston Memorial Hospital Board, 2016 - present

Chairman: North American Spine Society Public Affairs Committee, 2018 - 2021

Member: North American Spine Society Public Affairs Committee, 2016 - present

Member: North American Spine Society Conflict of Interest Review Panel, 2019 - 2021

Member: National Association of Spine Specialists Political Action Committee, 2019 - present

Chief of Staff: Piedmont Columbus Northside Campus (previously Hughston Hospital), 2014 - 2016

Chief of Staff: Jack Hughston Memorial Hospital, 2012 - 2014

Chief: Department of Surgery, Northside Medical Center, 2012 - 2014

Chief of Staff-Elect: Jack Hughston Memorial Hospital, 2011 - 2012

Chief: Credentialing Committee, Jack Hughston Memorial Hospital, 2011 - 2012

Member: Quality Council, Hughston Hospital, 2012

MILITARY ASSIGNMENTS

Chief: Orthopaedic Surgery & Rehabilitation Services
Martin Army Community Hospital, Fort Benning, Georgia
April, 2005 - June, 2007

Chief: Orthopaedic Surgery Service & Clinical Services
14th Combat Support Hospital Detachment
Forward Operating Base Salerno, Afghanistan (Operation Enduring Freedom)
February, 2006 - August, 2006

Commander: 14th Combat Support Hospital Detachment (Uniform Code of Military Justice Authority)
Forward Operating Base Salerno, Afghanistan (Operation Enduring Freedom)
April, 2006, & July/August, 2006

Staff Surgeon: Orthopaedic Surgery Service
Martin Army Community Hospital, Fort Benning, Georgia
July, 2003 - April, 2005

Staff Physician: Schweinfurt United States Army Health Clinic, Schweinfurt, Germany
April, 1997 - June, 1999

Officer-In-Charge: Life Support Area Aid Station
67th Combat Support Hospital, Taszár, Hungary (Operation Joint Endeavor/Guard)
September, 1996 - April, 1997

Staff Physician: Schweinfurt United States Army Health Clinic, Schweinfurt, Germany
August, 1996 - September, 1996

MILITARY TRAINING

Ft. Sam Houston: Officer's Basic Course, June - July, 1993
Combat Casualty Care Course, June, 1996
Officer's Advanced Course, January - March, 1998

MILITARY AWARDS

Meritorious Service Medal, awarded for service & duties at Fort Benning, Georgia, 2003 - 2007
Meritorious Service Medal, awarded for service in Operation Enduring Freedom (Afghanistan), 2006
Meritorious Service Medal, awarded for service & duties in Schweinfurt, Germany, 1997 - 1999
Clarence M. Yeargin Award, awarded for Best Orthopaedic Surgery Chief Resident, 2003
Army Achievement Medal, awarded for supporting 75th Ranger Regiment, 2007
Army Achievement Medal, accompanied the Clarence M. Yeargin Award, 2003
Army Achievement Medal, awarded for actions in Operation Joint Endeavor (Hungary/Bosnia), 1997
Expert Field Medical Badge, 1st Armored Division, Bad Krueznach, Germany, October, 1997

MEDICAL LICENSURE

Current Unrestricted State Licenses: Georgia (July 31, 2023)
Alabama (December 31, 2023)

BOARD CERTIFICATION

Board Certified: American Board of Orthopaedic Surgeons, 2005 (re-certified through 2025)
Participating in the Maintenance of Certification

HONORS AND RECOGNITION

Computer Science Honor Society, 1990 - 1991
Health Professions Scholarship Program, 1992 - 1995

PROFESSIONAL SOCIETIES

Member: Society of Military Orthopaedic Surgeons, since 1999
Member: American Academy of Orthopaedic Surgeons, since 2006
Member: North American Spine Society, since 2008
Member: The Hughston Society, since 2009
Member: Society of Lateral Access Surgeons, since 2010
Member: Muscogee County Medical Society, since 2010
Member: Georgia Orthopaedic Society, since 2011

PUBLICATIONS

Co-author: Perforated Ileus After L5-S1 Anterior Lumbar Interbody Fusion: A Case Report
• Corresponding author: J. Ryan Mahoney, DO
• AME Case Reports©, July, 2019
• Poster Presentation, Hughston Society Annual Meeting, 2019

- Co-author: Vacuum-Assisted Closure Therapy: Wound Care and Nursing Implications
- Corresponding author: Major Melissa W. Kaufman, PhD, RN
 - Dermatology Nursing©, Volume 15, Number 4, August 2003
- Author: Bilateral Femoral Insufficiency Fractures in a Hypophosphatemic Vitamin D Resistant Patient Presenting as Knee Pain
- Co-author: Christopher Kim, MD
 - Poster Presentation, Society of Military Orthopaedic Surgeons Annual Meeting, 2000
 - American Journal of Orthopedics©, June, 2008
- Co-author: Biomechanical Evaluation of a New AxiaLIF Technique for Two-Level Lumbar Fusion
- Corresponding Author: Chunhui Wu PhD
 - Podium presentation: Minnesota Orthopaedic Society Annual Meeting, 2008
 - European Spine Journal©, April, 2009
- Co-author: ACL Reconstruction in a Deployed Environment in Support of Operation Enduring Freedom: A Surgical Technique
- Author: MAJ Todd Balog, MD
 - Military Medicine©, 2013
 - Podium Presentation, Society of Military Orthopaedic Surgeons Annual Meeting, 2009

PODIUM PRESENTATIONS

- Co-investigator: Radiographic and Clinical Review of Patients Undergoing Stand Alone Lateral Lumbar Interbody Fusion
- Primary investigator: Dave Barnes
 - Currently in data collection and review
 - Presented at Hughston Second Annual Spine Conference, 2018
 - Presented at Clinical Orthopaedic Society Annual Meeting, 2019
- Co-investigator: Location Variance of Abdominal Structures and Great Vessels on Magnetic Resonance Imaging During Positioning Changes While in a Simulated Surgical Lumbar Lateral Position
- Primary investigator: Gil Gomez, DO
 - Currently in data collection and review
 - Preliminary data presented at Hughston Third Annual Spine Conference, 2019
- Co-investigator: Is Hoffman's Sign a Reliable Test for Predicting Spinal Cord Compression Seen on Magnetic Resonance Imaging?
- Primary investigator: Mudassar Khan, DO
 - Currently in data collection and review
 - Preliminary data presented at Hughston Third Annual Spine Conference, 2019
- Author: Are We Ready for "3D Imaging"? Effects of Upright Cervical Spine Flexion, Extension and Axial Rotation on Neuroforaminal Size in Healthy and Spondylotic Individuals: An MRI study
- North American Spine Society "Spring Break" Meeting, Puerto Rico, 2009
- Co-author: A Comparison of Infection Rates in Minimally Invasive vs. Open TLIF's – A Single Surgeon Retrospective Review
- Co-Author: Joshua Rovner MD, James Schwender MD
 - Presented at IMAST, Hong Kong, China, 2008
- Author: Bilateral Femoral Insufficiency Fractures in a Hypophosphatemic Vitamin D Resistant Patient Presenting as Knee Pain
- 63rd Annual American Fracture Association Conference, 2001
 - Poster Presentation, Society of Military Orthopaedic Surgeons Annual Meeting, 2000

POSTER PRESENTATIONS

- Author: Spontaneous Decompression of Syringomyelia After Posterior Spinal Instrumentation: A Case Report and Review of the Literature
- Society of Military Orthopaedic Surgeons Annual Conference, 2001
- Co-author: Autodigestion of Anterior Cruciate Ligament Autograft After Thermal Shrinkage
- Society of Military Orthopaedic Surgeons Annual Conference, 2001

ADDITIONAL RESEARCH

- Co-author: A Retrospective Comparison of Clinically Symptomatic Pseudarthroses in Open versus Minimally Invasive Transforaminal Lumbar Interbody Fusions
- Co-authors: James Schwender MD, Joshua Rovner MD

CURRENT RESEARCH PROJECTS

- Co-investigator: Is the Hoffman's Sign a Reliable Indicator for Spinal Cord Compression?
- Co-Investigators: Mudassar Khan, DO
 - Currently in data collection
- Co-investigator: Location Variance of Abdominal Structures and Great Vessels on Magnetic Resonance Imaging (MRI) During Positioning Changes while in a Simulated Surgical Lumbar Lateral Position
- Co-Investigators: Gil Gomez, DO
 - Currently in data collection
- Co-investigator: Clinical and Radiographic Assessment of PEEK Interbody Fusion Device in the Lumbar Spine Inserted Through Extreme (XLIF) Approach
- Principle Investigator: Ken Burkus, MD
 - Currently in data review
- Co-investigator: Stand-Aline Lateral Lumbar Interbody Fusion in Patients with Aborted Second Stage Procedures: Case Series Results
- Principle Investigators: BJ Catoe, DO; Douglas Pahl, MD; Dave Barnes, DO; Cam Kersey, MD
 - Currently in data review

FACULTY

- Assistant Professor: Edward Via College of Osteopathic Medicine
- Department of Surgery: Orthopaedic Surgery, began 2014
- Preceptor: Mercer University
- Physician Assistant program, began 2009
- Preceptor: Medical College of Georgia
- Physician Assistant program, began 2009

SPEAKER

- Speaker: Common Back Injuries
- Understanding & Managing the Medical Aspects of a Workers' Compensation Claim
 - Columbus, Georgia, October 26, 2018
- Speaker: When Is Lumbar Spine Surgery the "Right Choice?"
- Understanding & Managing the Medical Aspects of a Workers' Compensation Claim
 - Columbus, Georgia, November 11, 2016
- Speaker: Back and Neck Problems in the Workplace
- Worker's Compensation Seminar
 - Auburn, Alabama, October 9, 2015
- Speaker: Why Does My Back Hurt?
- Healthy Lifestyles Lecture
 - Columbus, Georgia, March 12, 2015
- Speaker: When Is Lumbar Spine Surgery the Right Choice?

- Worker’s Compensation Seminar
 - Sea Island, Georgia, October 9, 2014
- Speaker: Back and Neck Problems in the Workplace
- Worker’s Compensation Seminar
 - Valdosta, Georgia, March 28, 2014
- Teacher: Aria Lateral Interbody Fusion/Device Cadaveric Laboratory
- Charleston, South Carolina, February 9, 2013
- Speaker: Common Back Injuries
- Worker’s Compensation Seminar
 - Valdosta, Georgia, March 30, 2012
- Faculty: Young Lions: Modern Spine Techniques
- Las Vegas, Nevada, March 16, 2012
 - Sponsored by Stryker®
- Speaker: Common Back Injuries
- Worker’s Compensation Seminar
 - Dothan, Alabama, May 27, 2011
- Faculty: Techniques in Minimally Invasive Spine Surgery
- Denver, Colorado, February 11, 2011
 - Sponsored by Stryker®
- Moderator: Common Problems, Innovative Solutions
- Ft. Lauderdale, Florida, June 4-6, 2009
 - Sponsored by Stryker®
- Faculty: 5th Annual Outgoing Fellows Symposium
- Miami, Florida, November 19, 2010
 - Sponsored by Stryker®
- Faculty: Advanced Techniques in Minimally Invasive Spine Surgery
- Hendersonville, Nevada, June 18, 2010
 - Sponsored by Stryker®
- Speaker: Latest Techniques to Treat Lumbar Stenosis and Adult Scoliosis
- Hughston Foundation Lecture
 - Columbus, Georgia, June, 23, 2009

EXTRACURRICULAR ACTIVITIES

- Educational article, Columbus and the Valley, February, 2019
- Member, Medical Team, Honor Flight (trip honoring World War II veterans to Washington, DC), September, 2009
- Two television “Healthy Lifestyles” Public Service Announcements for Columbus Regional Healthcare System, 2008 & 2009
- “Ask The Expert!”, article in Valley Parent, February, 2009
- Numerous guest lecturer appearances, began 2008
- Member, Antioch Volunteer Fire Department
- Physician for “Tree of Life” *pro bono* medical clinic since 2022

INTELLECTUAL PROPERTY AND PRODUCTS

- Developed Connector Holder for Stryker® Trio® pedicle screw system
- Developed Rod Holder for Stryker® Mantis® pedicle screw system
- Developed Implant Holder for Stryker® Aria® lateral approach implant

DISCLOSURE

- Ownership shares — Jack Hughston Memorial Hospital, Phenix City, Alabama.
- Additional disclosures on file at North American Spine Society.